

## **PACKS AND BAGS**

EQUIPMENT	QTY	COMMENTS	CODE
Backpack – rental available	1	internal frame 75L +/- 4600 cu inches external frame 65L +/- 3966 cu inches	Т
Summit/Daypack	1	side hikes	T, S
Lashing Straps	1 pr	holds sleeping bag on pack	Т
Gal. Ziploc Bags	6-12	pack clothes	Т
Pack Cover	1	waterproof	Т
Small Stuff Sacks	2-3	pack/organize personal items	Т
Ditty Bags	2-3	pack/organize personal items	Т

### **HEAD-NECK-HANDS**

EQUIPMENT	QTY	COMMENTS	CODE
Wool or fleece hat	1	warm hat for cold temps	Т
Glove liners or mittens	1 pr	synthetic wool	Т
Baseball cap or wide brim hat	1	sun protection of ears, face	Т

## **UPPER BODY LAYERS**

EQUIPMENT	QTY	COMMENTS	CODE
Base Layer (mid-wgt) synthetic	1	long underwear top	Т
Middle Layer (fleece pullover)	1	opt – wool sweater	Т
Top Layer (synthetic jacket)	1	wool or polar fleece ok	Т
Rain Jacket	1	sturdy, waterproof jacket w/hood, cated nylon and breathable fabrics acceptable.	Т, А
Shirt – Short Sleeve	2	moisture wicking no cotton or nylon	Т
Shirt – Long Sleeve	1	moisture wicking no cotton or nylon	Т
Sports Bra	2	synthetic	Т



### LOWER BODY LAYERS

EQUIPMENT	QTY	COMMENTS	CODE
Base Layer (mid-wgt) synthetic	1	long underwear bottom	Т
Rain Pants	1	lightweight & sturdy	Т, А
Long Pants	1	no heavy jeans	Т
Underwear	3		Т
Hiking Shorts	2		Т

#### **SLEEPING GEAR**

EQUIPMENT	QTY	COMMENTS	CODE
Sleeping Bag	1	rated 20 degrees and less than 5 lbs/packing in compression sack lined w/plastic bag	Т
Waterproof Stuff Sack	1	or 2 heavy duty 4-6 mil plastic bags	Т
Sleeping Pad	1	closed-cell foam or fully inflatable pad	Т
Sleep Clothes	1 set	worn only in sleeping bag t-shirt \$ gym shorts acceptable	Т

#### FOOTWEAR

EQUIPMENT	QTY	COMMENTS	CODE
Hiking Boots or Shoes	1 pr	well broken in; ankle support recommended	Т
Socks	3 pr	synthetic or wool	Т
Liner Socks	3 pr	synthetic	Т
Camp Shoes	1 pr	lightweight sneakers	Т



## **MISCELLANEOUS ITEMS**

EQUIPMENT	QTY	COMMENTS	CODE
Bowl	1	deep bowl of lightweight material	Т
Mug/Cup	1	measuring style recommended 12-20 oz	Т, О
Spoon/Spork	1	Lexan or lightweight-sporks are popular	Т
Water Bottle/1 qt	4 or more	qty reduced if also using hydration bladder in pack	т, А, ВВ
Pocket Knife	1	small knife sufficient	T, A, S
Matches/Lighter	1	pack in waterproof container/lighting camp stove	T, A, BB, S
Flashlight/Headlamp	1	durable/lightweight-bring extra batteries	Т
Trekking Poles w/rubber tips	1 pr	recued impact – 25% – knees \$ ankles, improve balance	Т, О
Philmont Map	1	sectionals are available for your itinerary overall	T,A ,S
Compass	1		T, A, S
Bandana/tubular headgear	2	bandanas or headgear also known as Buffs work well/many brands on the market	T, BB
Money	\$50	ATM in Base	BB
Lip Balm	1	moisturizing balm 2/SPF 25 or greater	Т, А, ВВ
Soap	1	biodegradable	т, вв, s
Toothbrush	1		T, BB
Toothpaste	1		T, BB, S
Camp Towel	1	small, quick dry	Т
Tampon/Pads	1		T, BB
Personal Medication	1	enough for entire trek	



Sunglasses	1		Т
Watch	1		Т, О
Camera	1	batteries/memory card	T, BB, S
Whistle	1		Т
Fishing Equipment	1	some itineraries have opportunity to fish	0
Fishing License	1	some itineraries have opportunity to fish- NM State fishing license required	Τ, Ο
Postcards	1+	pre-stamped	Т, О
Foot Powder	1		T, BB, S
Notepad & Pen	1		т, вв, о

## Code:

Т	Available at Philmont's Tooth of Time Traders
Α	Easily accessible in pack or carried on person
BB	Pack together in plastic bag – placed in bear bag at night
S	Share with buddy
0	Optional